

TEETH RELIEF

If you are planning your elective, one essential item to pack in your suitcase is a manual designed to help non-dentally trained people deliver basic dental care. Created by Teeth Relief, a registered UK charity, the oral-health manual is a must for any student undertaking an overseas elective or considering working in a developing country.

It offers a guide for the training of local staff in oral-health promotion, procedures and treatments to improve access to oral healthcare in even the most basic settings. Both volunteer dentists who have traveled to these countries and local healthcare workers

have successfully used the manual over the past few years.

So, if you plan to take your dental skills abroad, please take a copy with you and don't bring it back – at the very least it will help raise awareness and empower people to really improve the oral health of their communities – at best it can reduce suffering and even save lives.

The manual can be downloaded for free or bought as a hard copy from www.teethrelief.org.uk.

EXAMPLE OF SURGERY LAYOUT

